

LID-CARE[®] **(gentle cleansing solution/pads)**

Read all of this leaflet carefully before you start using LID-CARE[®]

Keep this leaflet. You may need to read it again.

If you have further questions, please ask your eye care doctor or pharmacist.

Lid-Care is a sterile gentle eyelid cleanser for daily eyelid hygiene and an eye make-up remover. It has a special non-irritating, hypoallergenic formula. It is available either as a multidose solution or as individually sealed, ready moistened pads.

Lid-Care solution consists of

Aqua, disodium lauroamphodiacetate (and) sodium trideceth sulfate (and) hexylene glycol, PEG 20, sorbitan monolaurate, propylene glycol, boric acid, sodium borate, disodium EDTA, polyaminopropyl biguanide.

Lid-Care sterile pads consist of

Aqua, disodium lauroamphodiacetate (and) sodium trideceth sulfate (and) hexylene glycol, PEG 20, sorbitan monolaurate, propylene glycol, boric acid, sodium borate, disodium EDTA.

WHAT LID-CARE IS AND WHAT IT IS USED FOR

Lid-Care is a gentle cleanser designed for use as a daily eyelid hygiene product. Its non-irritating formula forms a microbubble foam to remove cosmetics, accumulated oils and debris from the eyelids and eyelashes.

Lid-Care is available for removal of eye make-up and as a cleaning aid in superficial lid conditions associated with blepharitis.

BEFORE YOU USE LID-CARE

Lid-Care has been developed for daily eyelid hygiene use. It gently removes cosmetics, crusted matter and accumulated oily debris from the eyelid and eyelashes.

Do not use Lid-Care

- **If you are allergic** (hypersensitive) to Lid-Care or any of the ingredients of Lid-Care listed at the beginning of this leaflet.
- **If you have** a red eye and/or notice excessive discharge.

Take special care with Lid-Care

- **If you have** unsteady hands, as you may involuntarily put Lid-Care onto your eye.

Discard the pads after cleansing each eyelid. Do not use the same pad for both eyes as this can spread pre-existing bacteria/infection from one eye to the other.

Lid-Care and children

Lid-Care should not be used in children under the age of 3 years.

HOW TO USE LID-CARE

If Lid-Care was recommended to you by your eye care doctor, follow your doctor's instructions carefully.

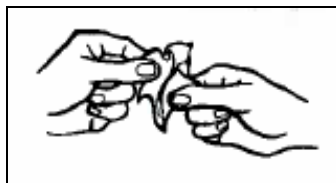
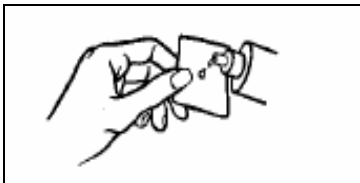
Lid-Care is ready for use and must not be diluted. Do not use if the safety seal is missing or broken before you first use Lid-Care.

Contents and dispenser remain sterile until the original closure is broken. To avoid contamination, do not touch any surface with the dropper tip.

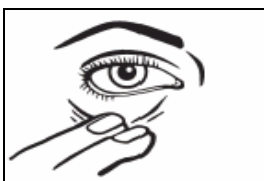
Do not swallow Lid-Care.

Do not put Lid-Care directly onto your eyes. If you do this by mistake, use clean water to rinse it out until your eyes feel comfortable again.

1. For Lid-Care Solution, moisten one of the enclosed pads with Lid-Care. Lid-Care Pads are already moistened and this step is not necessary. Fold the pad and rub it until the liquid foams.

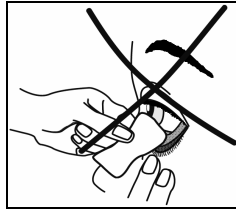
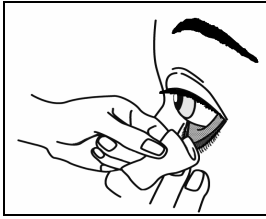


2. Using a well lit mirror, gently pull the lower eyelid downwards so that the eyelid margin is not touching the eye ball.



3. Wipe gently several times over the eyelid margin and the roots of the eyelashes, taking care not to touch the eyeball with the pad or your fingers.

Do not wipe along the inner eyelid.



4. Repeat for the upper eyelid.



5. Throw the used pad away.

6. Close the eye and rub the upper and lower eyelid and lashes with a new pad soaked in Lid-Care. Discard the used pad.



Repeat the procedure 1 to 6 for the other eye using two new pads.

Do not use the same pads for the second eye.

Rinse your closed eye with warm water and dab it dry.

How much to use

You need to place enough Lid-Care on the pad to make a foam when the pad is rubbed, but do not saturate the pad with Lid-Care solution.

Depending on how you respond, you may use Lid-Care more or less often for your lid hygiene.

POSSIBLE UNDESIRABLE EFFECTS

If you experience:

- Swelling of the eyelids (signs of an allergic reaction),
 - Excessive itching, redness, swelling or persistent irritation,
- stop using Lid-Care and consult your eye care specialist.

If Lid-Care makes direct contact with the eye, some users may experience slight stinging.

STORING LID-CARE

- Do not use after the expiry date shown on the box.
- Store below 25°C.
- Discard remaining Lid-Care solution 6 months after opening.

DISTRIBUTED BY

Novartis Pharmaceuticals Australia Pty Limited
ABN 18 004 244 160
54 Waterloo Road
North Ryde N.S.W. 2113, Australia